



What is Parkside aiming to achieve through its P. E. curriculum?

Through the PE & Dance curriculum, we are aiming for our students to show resilience and courage, with their well-being at the centre of everything we do.

- We want students to show leadership skills and improve their social and mental health, through interacting with others in a positive learning environment.
- We aim to instil a love for sport and provide opportunities for all students to participate in a range of different activities, that are fun, engaging and challenging.
- Our extensive extra-curricular programme provides opportunities for students participate in sport outside the classroom, in the hope that they continue to play sport in the future.

Parkside School Subject Curriculum Plan

Subject: P. E. – Core KS3



PARKSIDE
SCHOOL

Year	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
7	Baseline	Activity 1 Activity 2	Activity 3 Activity 4	Activity 5	Activity 6 Activity 7	Activity 8
8	Activity 1	Activity 2 Activity 3	Activity 4 Activity 5	Activity 6	Activity 7 Activity 8	Activity 9
9	Activity 1	Activity 2 Activity 3	Activity 4 Activity 5	Activity 6	Activity 7 Activity 8	Activity 9

Example activities	Badminton	Dance Hockey	Netball Football	Health Related Exercise	Rounders Athletics	Cricket
--------------------	-----------	-----------------	---------------------	-------------------------	-----------------------	---------